

Useful Hints Woman and Home Ethical Talks

Charm of Dainty Lingerie

BY ANTOINETTE DONNELLY.

[Copyright, 1915, by Antoinette Donnelly.] I cannot help feeling a personal joy in the resurrection of the beauteous and befringed petticoat from the ashes of the hobbie skirt. It is nothing if not feminine—and it is dainty. In the summing up of a pretty woman femininity and daintiness are extremely important virtues.

You don't have to have the wisdom of a Solomon to realize that the women who attract are the women who cultivate feminine fineness. "She's such a dainty girl!" isn't that just about the nicest thing you can have said about you?

Well, you don't earn that desirable opinion without a little effort on your part, and perhaps a little sacrifice in another direction. The effort is that of eternal vigilance as far as cleanliness is concerned. And the sacrifice may mean giving up a pet extravagance for that of purchasing dainty lingerie ribbons and laces. Or, if you are married, it may mean giving up a little of the housekeeping money to invest in a dainty bonnet, cap or dainty nightgown or combination.

So many married women seem to think that "practical and useful" are the two desirable things to bear in mind when buying or making household articles. Without any idea in mind of encouraging extravagance, I certainly advise every woman with a little spare cash or even the woman who hasn't more than a dollar or two out of the housekeeping money will do as well to invest in those dainty little side lines of beauty such as silk stockings, dainty corset covers, etc. The best length silk is nearly as effective, and you can buy them for 50 cents a pair. Your feet unquestionably do look better in this kind of stockings with low shoes.

Lingerie is really inexpensive to buy—indeed so much so that it is folly to make it extravagant. But it is not enough to buy a dainty corset cover. You must not let it deteriorate into a piece of soiled linen—that which there is nothing more unlovely showing through a sheer blouse. Keep it fresh by laundering and thread it with fresh ribbon after every washing. That ugly faded yellow ribbon—the laundered remnant of the pink or blue that was once a lovely color—has spoiled many a pretty shirtwaist.

If you cultivate this habit of daintiness in your lingerie it will become so much a part of you that it will show in everything you do and wear. And, as I said before, this is the feminine daintiness that brings wholesome admiration.

Antoinette Donnelly's Answers. Interested—Dark lines around the eyes indicate sluggish circulation or even blood changes. Swelling or puffiness under the eyes is often the sign of an internal disorder. It is not uncommon to notice that the edges of the lids are red. This may mean you have used your eyes too much or you have not had enough sleep. Sties indicate an impoverished blood system. The existence of fermentations of bile and acid will come some times about them if used early. If you have formed, the sties must be opened. This should not be attempted by anyone except a physician.

Maria—There is absolutely no way to close your ears. The defect of the eardrum can be covered by wearing earplugs. The only way to remedy this trouble is to use a cloth over the ears at night to hold them back close to the head. This process is slow and it will take some time to get the desired effect, but if you wish to succeed you must have patience and be persistent.

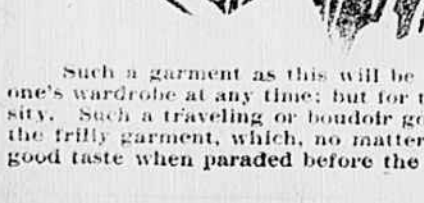
Mrs. Gessie—Olive oil is a little too heavy to use on your face. A good skin food is better. It is made from olive oil and is very light. It is sold in bottles with labels. I have been using it for some time and it has done me a great deal of good. I shall be glad to send you my formula for facial massage. If you will send me a stamped, addressed envelope.

Mrs. Ella P.—This is an excellent bleach for the face and neck. Lactic acid, one ounce, glycerin, two fluid ounces, water, enough to make six fluid ounces. If the skin shows slight irritation, discontinue for a day or two and use cold cream. Never use a bleach on your face which contains lead or mercury. I shall be glad to send you my formula for superfluous hair if you will send me a stamped, addressed envelope.

A. B. C.—There is no way you can reduce your wrinkles. By building up the rest of the face the wrinkles will be less conspicuous. Massage with pure olive oil. Use a good cold cream and let the movements be downward toward the chin. The lines, with intermediate light strokes across the back of the hand. The inside of palm is massaged toward the cheekbone. The hand is massaged toward the forehead. The hand is massaged toward the forehead. The hand is massaged toward the forehead.

Questions and Answers. Cracked Lip and Health Talks—I have been reading your Health Talks for a long time now, but it has not relieved my cracked lip as yet. Will you kindly suggest something for this annoying condition? Answer—If your lip is cracked you should read the authorities. A cracked lip that lasts a month demands medical examination, for it may be something very different from what you imagine.

TRAVELING GOWN Simple Design, No Frills



Such a garment as this will be found a most welcome addition to any one's wardrobe at any time; but for the traveler the need amounts to a necessity. Such a traveling or boudoir gown has not the negligible appearance of the frilly garment, which, no matter how becoming in one's boudoir, lacks good taste when paraded before the public in a transcontinental trip.

POPULAR EVERYWHERE

A Graceful Little Frock



Among the latest fashions for tots is a smocked dress. This one, of fine handkerchief linen, is trimmed with narrow heading and has a striped silk sash, very narrow.

Dr. Frady's Health Talks

POINTS ABOUT TUBERCULOSIS.

Dr. Lawson Brown, of Saranac Lake, N. Y., is one of the foremost authorities upon tuberculosis. Among the diagnostic theses he calls to the attention of physicians are these:

1. An appearance of ruddy health does not exclude tuberculosis. 2. Prolonged and intimate exposure at any time of life, but especially in childhood, and in home or workshop or office, is vastly more important than "unassisted" or "noncontact" heredity. (And Christian Scientists have quoted this same authority as repudiating the idea that tuberculosis is infectious.)

3. Prolonged contact with tuberculosis may lead to infection, but debilitating conditions are necessary usually to cause this to develop into clinical (that is, evident) tuberculosis. (Many adults react positively to the tuberculin test, which only proves they harbor the bacilli somewhere in the body, even though the disease never becomes active, but remains latent. Still a positive tuberculin reaction in the presence of definite lung symptoms does not necessarily prove that the tuberculosis is in the lungs.)

4. Fistula, dry pleurisy, a discharging ear, enlarged lymph glands—any of these coming on painlessly are strongly suggestive hints of tuberculosis. 5. The usual weight of a person who develops pulmonary tuberculosis is often ten pounds below the normal weight for his height and age—or her height and age.

6. Failure to ask for and examine the sputum microscopically, repeatedly if necessary in any patient with chronic cough, is inadvisable. 7. When tubercle bacilli are absent on repeated examination, yet definite physical signs of involvement of a lung are present, these possible causes must be borne in mind: bronchitis (dilated bronchial tubes), hyperthyroidism or exophthalmic goiter, influenza, syphilis, tumor.

The debilitating conditions above alluded to as a predisposing factor in the lighting up of the latent tuberculosis which so many of us unconsciously harbor are crowding in poorly ventilated living quarters, working in dark, dusty, unventilated rooms, inadequate food, alcoholism, poverty and the sin of wasting of God-given energies. It is more than probable that poverty is the chief cause of tuberculosis as a disease of the masses, and you and I are responsible for poverty in the community. We don't live the golden rule.

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DEMOCRATIC PRIMARY TAKES PLACE TO-DAY

Richmond to Name House and Senate Candidates and Two Administrators.

POLLS OPEN FOURTEEN HOURS

City Democratic Committee to Receive Returns at Auditorium To-Night—Sharp Fight in State for Several Seats in Senate.

At the Democratic primary in Richmond to-day the polls open at 5:16 and close at 7:16, giving exactly fourteen hours in which the 5,000 or more voters who are expected to participate in the primary, may cast their ballots. While it has been predicted that the vote may reach 10,000, it is not believed that the total will exceed 8,500. All the schools will be closed at 6 o'clock yesterday afternoon, and will remain closed until 6 o'clock to-morrow morning.

Voters who have not secured transfers to the precincts in which they now reside may vote at their former precincts to-day, under a ruling of the City Democratic Committee. Unless a ballot indicates the preference of the voter for the full number of vacancies under each head, the judges of election have been instructed not to count it.

SHARP FIGHT IN SEVERAL SENATORIAL DISTRICTS

Considerable interest has been aroused in several of the thirteen senatorial district fights in the State—especially where the prohibition issue has been brought to the front. Conflicting reports come from the Twenty-eighth District, where Senator R. K. Brock is opposed by Major George Allen, of Emporia. Supporters of each of the candidates are not especially sanguine, although the Anti-Saloon League is having no stone unturned to defeat Senator Brock.

Lively interest was manifested yesterday by State officers and employees in reports coming to the Capitol from different districts telling of spirited contests for seats in the next Senate and House of Delegates.

In Orange County, George L. Browning, who made a splendid record in the last Legislature, has formidable opposition. His opponent is Charles C. Talbot, of Tallahassee. Talbot is a former legislator. These issues have caused a sharp division in the party lines and it is predicted that the contest will be the closest ever fought in Orange.

Browning is a former representative of the county in the House. Browning is a candidate for the speakership, to succeed Edwin P. Cox, in the event that he is the victor in to-day's election. A large number of the members of the last House have pledged themselves to support Browning for the speakership in the event of his election.

BROWNS-NEWHOUSE FIGHT

The fight in the Fifteenth Senatorial District has been another warm contest. Senator C. T. Browns is opposed by S. M. Newhouse. This district embraces Culpeper, Madison, Rappahannock and Orange Counties. The prohibition element is said to be against Browns.

In the Eleventh Senatorial District there is no fight on between R. A. McIntyre, who has the prohibitionist endorsement; T. C. Pilcher and A. D. Kelly. Senator George Latham Fletcher declined to stand for renomination in the district, but is running as a candidate for Commonwealth's attorney.

In the district composed of Amherst and Nelson Counties, Senator Bland Massie has encountered formidable opposition in the form of Aubrey E. Strode, a former member of the Senate. The contest is said to be very close.

In the Seventh Senatorial District, composed of Craig, Botetourt, Alleghany and Bath Counties, the city of Clifton Forge, a hot fight has been waged between Senator W. A. Reinhardt and William R. Allen.

The prohibition element is making a strenuous effort, it is reported, to elect Sidney J. Barham, Jr., to the seat in the House vacated by Alexander Hobbs, who is standing for a renomination. The main issue is liquor legislation.

In the Twelfth Senatorial District

To-Day and To-Night in Richmond

Democratic primary—Polls open at sunrise, 5:16 A. M., and close at sunset, 7:16 P. M.

City Democratic Committee, primary returns, City Auditorium, 8:30 o'clock.

Lyric—Popular vaudeville; matinee, 3:30; night, 7:45 and 9:15.

Little—Paramount pictures; continuous performance, 12 noon to 11 night.

Colonial—Motion pictures; continuous performance, 11 morning to 11 night.

Eden—Motion pictures; continuous performance, 11 morning to 11 night.

The Weather

Forecast: Virginia—Unsettled Tuesday and Wednesday, with occasional showers, not so warm.

North Carolina—Showers Tuesday; not quite so warm Wednesday; showers.

South Carolina—Showers Tuesday; Wednesday partly cloudy.

Local Temperature Yesterday. 12 noon temperature, 81. 5 P. M. temperature, 84. 8 P. M. temperature, 85. Maximum temperature to 8 P. M., 85. Minimum temperature to 8 P. M., 71.

Normal temperature, 72 to 82. Excess in temperature yesterday, 3. Deficiency in temperature since January 1, 256.

Accumulated deficiency in temperature since January 1, 137.

Local Rainfall. Rainfall last twenty-four hours, .018. Deficiency in rainfall since March 1, .433. Accumulated deficiency in rainfall since January 1, .172.

Local Observations at 8 P. M. yesterday. Temperature, 85; humidity, 67; wind, direction, south; wind, velocity, 5; weather, part cloudy.

CONDITIONS IN IMPORTANT CITIES.

| Place | Temp. | Humidity | Wind | Weather |
|---------------|-------|----------|------|-----------|
| Richmond | 84 | 72 | SE | P. cloudy |
| Ashville | 72 | 84 | SE | P. cloudy |
| Atlanta | 84 | 90 | SE | P. cloudy |
| Boston | 67 | 72 | SE | Bain |
| Buffalo | 74 | 78 | SE | Cloudy |
| Calgary | 72 | 82 | SE | P. cloudy |
| Charleston | 72 | 82 | SE | P. cloudy |
| Chicago | 70 | 82 | SE | Cloudy |
| Denver | 70 | 74 | SE | Cloudy |
| Duluth | 59 | 54 | SE | Cloudy |
| Indianapolis | 84 | 88 | SE | P. cloudy |
| Hatteras | 82 | 86 | SE | P. cloudy |
| Havre | 89 | 82 | SE | Clear |
| Jacksonville | 76 | 78 | SE | Rain |
| Kansas City | 74 | 82 | SE | Rain |
| Louisville | 74 | 88 | SE | Cloudy |
| New Orleans | 90 | 96 | SE | Clear |
| New York | 78 | 84 | SE | Rain |
| Norfolk | 86 | 80 | SE | Clear |
| Oklahoma | 78 | 82 | SE | Clear |
| Pittsburgh | 74 | 84 | SE | Cloudy |
| Portland | 86 | 94 | SE | Clear |
| St. Louis | 89 | 80 | SE | Cloudy |
| San Francisco | 62 | 66 | SE | Clear |
| Tampa | 82 | 82 | SE | Cloudy |
| Washington | 80 | 94 | SE | Cloudy |
| Winnipeg | 88 | 74 | SE | Clear |
| Wytheville | 78 | 86 | SE | P. cloudy |

MINIATURE ALMANAC. August 3, 1915. HIGH TIDE: Morning, 10:28. Evening, 11:13.

Sun rises... 5:16. Sun sets... 7:16.

There is a three-cornered fight between H. D. Downing, S. Gardner Walter and R. S. Blackburn Smith. Smith is the avowed candidate of the prohibition element. The district is composed of the counties of Clarke, Page and Warren.

The campaign for the House of Delegates waged in Frederick County and the city of Winchester between John M. Steek and Boyd Richards has been another exciting one, with some picturesque features. Richards is a farmer. He declared his intention, some months ago, to make a house-to-house canvass in the city and county and to see and talk with each and every Dem-

ocratic voter personally. His friends say he not only lived up to his promise, but called on each voter twice. Lieutenant-Governor J. Taylor Elyson yesterday stated that in his opinion the prohibitionists would control the next Senate by a majority which will be ample to insure the enactment of legislation to enforce the law when the State goes dry. Mr. Elyson has visited several sections of the State recently, and his forecast is in line with the best information obtainable from the Capitol. The House will be overwhelmingly pledged to the prohibition program.

RICHMOND CANDIDATES AND VOTING PLACES

In Richmond the candidates at the primary to-morrow are:

For Administrative Board (vote two)—Henry P. Beck, Elben C. Folkes and Marx Gunst.

For State Senate (vote for two)—James E. Cannon, Charles W. Hardwick, Morgan R. Mills and Louis O. Wendburg.

For House of Delegates (vote for five)—Albert O. Boschen, R. T. Bowden, W. A. Crenshaw, E. R. Fuller, Graham W. Gibson, J. P. Jones, J. R. Lightfoot, Jr., W. B. Myers and James H. Price.

Rivaling the major campaigns in interest is the City Democratic Committee contest in Clay Ward, in which nine candidates seek election tonight.

Madison Ward. The candidates are Phil J. Garber, Thomas E. Johnson, L. Stagg Powell, Mann T. Rogers, Charles B. Peoples and William P. Sullivan.

There are no contests in Lee and Madison wards. In Madison Ward the candidates and vacancies tally in number, and the candidates have already been declared elected by the committee. Their names will not appear on the ballots.

In Lee Ward there are only five candidates for the seven places, and two members will have to be elected by the committee when it meets for organization. The names of the Lee Ward candidates for the City Democratic Committee will also not appear on the ballot.

City Collector Herbert L. Hulce, having no opposition, has been declared the Democratic nominee, and his name will not appear on the ballot.

WHERE TO VOTE IN

TO-DAY'S PRIMARY

Following is a list of polling places in to-day's primary:

Clay Ward. First Precinct—617 West Main Street. Second Precinct—217 South Harrison Street.

Third Precinct—394 South Laurel Street. Fourth Precinct—1924 West Cary Street.

REMEMBER THIS:

SAVE THE LABELS FROM

Christo

--Ginger Ale

--Grape Juice

--Cola

AND INVOICES FOR SODA

FOUNTAINS, ACCESSORIES,

SIRUPS, ETC.

All Good for Votes in the

M. & M. Contest

Franklin-Caro Co.

Richmond, Va.

A Correction

The advertisement of Swift & Co. in Sunday's Times-Dispatch, offering 75,000 bonus votes in

M. & M. CONTEST,

should read

7,500 Bonus Votes

for fifteen assorted or one kind of wrappers from Arrow Borax Soap, Pride Washing Powder, Wool Soap, Queen Regent Toilet Soap or Maxine Elliott Toilet Soap.

ROYAL CLUB

CANNED GOODS

FOOD PRODUCTS

Labels Good for Votes in M. & M. Contest.

Special Demonstration Now On

ROYAL CLUB goods are sold by most grocers. If your grocer does not carry them, please do us the favor of notifying the demonstrator—or W. H. HARRIS GROCERY CO., direct.

Thousands of satisfied people are now using ROYAL CLUB goods. They will keep indefinitely.

Order by the case, and SAVE YOUR LABELS.

10,000 Bonus Votes on Each Case Sold to a Dealer.

W. H. HARRIS GROCERY CO.

RICHMOND, VA.

TO CONTESTANTS IN M. & M. SALES CONTEST

A BONUS OF 5,000 VOTES WILL BE GIVEN FOR

One 25c Carton One 25c Carton of One 25c Can

Six-Sixty Varni-Shine Brashine

Furniture Polish. Metal Polish.

A bonus of 5,000 votes for one carton of each; all three must be tied together. In addition to the above offer, the organization and individual sending in the largest number of cans or cartons will receive 15,000 bonus votes. These offers expire August 20th, 12:00 M. Ask your dealer, and if he can't supply you, phone Madison 4886.

VARNI-SHINE POLISH CO.

Richmond Trust and Savings Company Building, Seventh and Main Streets.

5,000 Votes in M. & M. \$2,000 Contest

on each order for

MONTEBELLO HAMS,

average weight 10 to 12 lbs.

2,000 votes on each order for 3-lb., 5-lb. and 10-lb. cans

MONTEBELLO PURE LARD

and

LADINA COMPOUND,

if ordered at Contest Headquarters Tuesday or Thursday of this week.

W. S. FORBES & CO., Richmond, Va.



- 1—Crowded with flavor
- 2—Velvety body—NO GRIT
- 3—Crumble-proof
- 4—Sterling purity
- 5—From a daylight factory
- 6—Untouched by hands

What?

Sterling Gum The 7-point gum

PEPPERMINT—RED WRAPPER CINNAMON—BLUE WRAPPER

Suitable rewards for the discovery of the 7th point will be offered later

If your grocer cannot supply you

We will send you a 1/4 lb. tin of this delicious India and Ceylon Tea—the best for hot or iced—delivered to your home by Parcel Post—for 15c. in stamps. We refund the money if you are not perfectly satisfied

Ridgways Tea

111-113 Hudson St. "SAFE-TEA FIRST" and Always New York City Wholesale Distributors all Wholesale Grocers.

5,000 Votes in M. & M. \$2,000 Contest

on each order for MONTEBELLO HAMS, average weight 10 to 12 lbs.

2,000 votes on each order for 3-lb., 5-lb. and 10-lb. cans MONTEBELLO PURE LARD and

LADINA COMPOUND, if ordered at Contest Headquarters Tuesday or Thursday of this week.

W. S. FORBES & CO., Richmond, Va.